



# equilibrium

massage therapy + wellness centre

## Are you an RMT looking to create more for yourself?

Has your income hit a ceiling due to an exhaustive commission relationship?  
Or are you renting, but would be more productive, if only you could pass your business tasks to someone else?

Join a multidisciplinary wellness team that cares about you and your practice.

Our centre is full service and built on the belief that we are all a team. We each use all of our different talents to help our clients reach their individual wellness goals. We pride ourselves on a healthy, non-competitive work space that only leads towards growth.

Choose from complete commission rate or a capped monthly contribution.

**Health benefits** and **insurance plans** available to full time staff.

*Join our team and watch your practice grow!*

Please apply with resume and cover letter to [info@eqwellness.ca](mailto:info@eqwellness.ca)

To read more about us, visit our website: [www.eqwellness.ca](http://www.eqwellness.ca)

or follow us on Instagram [@eqwellness](https://www.instagram.com/eqwellness)

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# ASPIRING TO BE A PRENATAL RMT ?

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Come and Meet our Team!

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## Meet Jenna McMahon and Dana Sawatzky

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Jenna and Dana are both graduates of Wellington College and have continued their education under Janie Iysack (understanding the Pregnant Pelvis + Labour and Delivery Support), whom they both respect as one of their biggest mentors in the field. Jenna McMahon brings 15 years of experience as an RMT and has specialized in the Prenatal field for the last 13. She has also received certification in prenatal and postpartum yoga instruction and both her and Dana have begun to explore education through Spinning Babies in the US. Dana



Sawatzky has 4 years of experience as an RMT and knew before she graduated that her clinical focus would be in prenatal care and birth support. She began working at Equilibrium and received mentorship under Jenna for her first years. She has now attended 10+ births and continues to broaden her knowledge and bring Massage Therapy Labour support to more and more people.

***At this time, Jenna and Dana are regularly booking a month in advance for prenatal care at their centre, and need more dedicated hands on deck. By May/June 2017 they together will begin to offer Birth Support Classes to the Winnipeg community. In addition they are also working closely with the Manitoba Midwives Association to bring further Spinning Babies education to Winnipeg.***

***As two very passionate prenatal RMT's their long-term vision is to bring together multiple specialized prenatal RMT's, to create their own "Collective" (much like Doulas have). They have seen the power of this work firsthand, and want to make it even more readily available to pregnant woman.***

Jenna and Dana would like to welcome interested graduates to join the EQ Wellness Team and receive mentorship and support to work towards this goal. Please apply with resume to [info@eqwellness.ca](mailto:info@eqwellness.ca)

To contact Jenna directly: [jennamcmahonRMT@gmail.com](mailto:jennamcmahonRMT@gmail.com)

To follow more of Jenna and Dana's journey, please visit Equilibrium's Instagram @eqwellness